



HEADACHES ...
EAR PAIN ...
JAW CLICKING ...
NECK PAIN ...?

“It could be
TMJ Disorder”

Studies show that 35% of the population, including adolescents, suffers from varying degrees of Temporomandibular joint (TMJ) disorder. Every TMJ patient has different symptoms, making diagnosis difficult for the Medical and Dental professionals.

AREAS COMMONLY AFFECTED BY TMJ DISORDER

The TMJ Appliance™: RELAXES jaw and neck muscles, RELIEVES pressure on the TMJ, LIMITS bruxing and grinding, and REDUCES chronic neck pain.



TEMPORALIS



LATERAL PTERYGOID



MASSETER



STERNOMASTOID



TRAPEZIUS



TMJs

THE TMJ SYSTEM BY MRC – IMMEDIATE AND EFFECTIVE DIAGNOSIS AND TREATMENT

TMJ APPLIANCE™: NIGHT TIME USE



TMJ™ APPLIANCE

The TMJ Appliance™ is a prefabricated intra-oral appliance designed specifically for the immediate and effective treatment of TMJ Disorder. The computer aided design allows for one single size to fit most adults without the need for time consuming moulding, custom fitting or adjusting.

The TMJ Appliance™ has a thicker section at the back which relieves pressure by gently decompressing the inflamed joints when placed in the mouth. It also moves the lower jaw into its correct Class I position automatically. This has the effect of stretching the tight and painful muscles around the jaws, head and neck area, resulting in an immediate decrease in pain.

Also available is the Mouth Breather and Snorer version.



EXTRA-CAPSULAR:
The TMJ Appliance™ works best to relax the facial muscles.

TMD APPLIANCE™: DAYTIME USE



TMD™ APPLIANCE

The TMD Appliance™ is hard, semi-flexible and **customisable** to the individual patient. Using dual layer technology developed by MRC (inner and outer layers) the TMD Appliance™ can be adapted to the correct bite even if teeth are missing. Being low profile with a tight and comfortable fit, the TMD Appliance™ allows clear and easy speech, and is ideal for daytime use.



INTRA-CAPSULAR:
The TMD Appliance™ works best to ease symptoms associated with the jaw joint and bone structure.